



FLODIGARRY HOTEL

— Isle of Skye —

Introducing Our Iglucraft Sauna



Discover a traditional Nordic wellness experience with our Iglucraft sauna. Whether you are warming up after a walk or simply looking to unwind, the sauna is designed to help you relax, reset, and enjoy a moment of calm during your stay.

To ensure a safe and enjoyable experience for all guests, please follow these simple rules:

IGLUCRAFT SAUNA RULES



CHILDREN MUST BE SUPERVISED

For everyone's safety, children must be supervised by an adult at all times.



LIMIT SESSIONS TO 15 MINUTES

Please limit your sauna session to 15 minutes to ensure a safe and comfortable experience for all guests.



NO FOOD OR DRINK INSIDE

Please enjoy all food and drinks outside the sauna. Thank you.



EXIT THE SAUNA IF YOU FEEL DIZZY

If you feel light-headed, dizzy or unwell, please exit the sauna immediately.



PLEASE SIT ON A TOWEL AT ALL TIMES

For comfort and hygiene, please always sit on a towel while using the sauna.



NO SOAPS OR SCENTED OILS

For the care of our sauna, please do not use soaps, lotions or scented oils.

THANK YOU FOR YOUR CO-OPERATION